



Learn more about caring for your parents at your local library

- *Another Country: Navigating the Emotional Terrain of Our Elders* by Mary Bray Pipher
- *Caring for Yourself While Caring for Your Aging Parents: How to Help, How to Survive* by Claire Berman
- *Coping With Your Difficult Older Parent: A Guide for Stressed-Out Children* by Grace Lebow
- *Crossroads at Midlife: Your Aging Parents, Your Emotions and Your Self* by Frances Cohen Praver
- *The Eldercare Handbook: Difficult Choices, Compassionate Solutions* by Stella Mora Henry
- *How did I Become My Parent's Parent?* by Harriett Sarnoff Schiff
- *Is Your Parent in Good Hands?: Protecting Your Aging Parent from Financial Abuse and Neglect* by Edward J. Carnot
- *My Mother's Hip: Lessons from the World of Eldercare* by Louise Margolies
- *Should Mom be Left Alone? Should Dad be Driving? Your Q & A Companion for Caregiving* by Linda M. Colvin Rhodes
- *Taking Care of Mom & Dad: The Money, Politics and Emotions That Come With Supporting Your Parents* by Mike Rust
- *An Uncertain Inheritance: Writers on Caring for Family*
- *We Carry Each Other: Getting Through Life's Toughest Times* by Sharon Langshur