

# WISCONSIN BOOKWORMS™

# Activity Sheet



## Wemberly Worried

By Kevin Henkes

Wemberly is a worrier who worries about everything! Starting school has Wemberly especially worried. What if no one else has spots, wears stripes or brings a doll to school? Wemberly's worries are somewhat lessened when she meets a new friend at school. Wemberly still worried, but she worried no more than usual and sometimes even less. If you ever worry or know someone who does, this book is for you.

**Before you read:** Examine the cover with the children and talk about how they think Wemberly might be feeling. Ask why they think she feels the way she does. Discuss how our eyes, eyebrows, mouths and facial expressions can help others know what we are feeling. Have the children show you different emotions with facial expressions. They can try feelings such as happy, sad, scared, tired, worried, angry and surprised.

**While you read:** Show how the author indicates when the story characters are talking by putting a line from the character to the words they are saying. Be sure to read what the story characters are saying. As it gets closer to the start of school for Wemberly, point out to the children how the words get larger as Wemberly's list of school worries grows longer.

**After you read:** Have each of the children make two friendship bracelets by cutting paper towel or toilet paper rolls into 1-inch sections creating a snap bracelet. Give two bracelets to each child — one to keep and one to give away. Have the children decorate the bracelets with stickers, markers and sequins.

More Books About Worry:

*Ira Sleeps Over* by Bernard Waber

*The Very Worried Sparrow* by Meryl Doney

*The Kissing Hand* by Audrey Penn

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