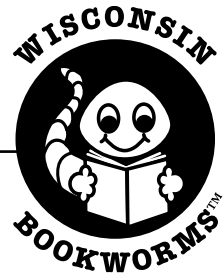


WISCONSIN BOOKWORMS™

Activity Sheet



Grumpy Bird

By Jeremy Tankard

A grumpy and grumbling Bird is so out of sorts he doesn't even feel like flying; so he walks. As he does, other animals join him each asking what he's doing. Finally Bird stops realizing he has a bunch of friends who just want to do what he is doing and he starts to enjoy himself.

Before you read this book: Ask the children if they've ever been in a bad mood. What makes them feel better?

While you read this book: Tell the children to watch how Grumpy Bird's mood changes as more and more of his friends turn up.

Reading tip: Read to your child every day with different voice tones. Sometimes you can be fun, crazy and exciting. Other times, be serious and intriguing. Even if your child does not understand all the words, you are making reading fun and interesting.

After you read this book: Take turns having the children play follow the leader. Encourage the leaders to imitate different animals and exercises. For example, they could act like the grumpy bird by flapping their arms like a bird flaps its wings. They also could do things such as skip, hop, walk, run, do jumping jacks or gallop.

Try this at home! Help your children identify their emotions by making a Feelings Chart.

Buy a calendar just for your child.

At the end of the day, ask your child:

What happened today?

What did you do?

How did you feel?

What happened that made you feel that way?

Have your child draw a face in the chart to describe their feelings.

Talk about your own day and how you felt as you also draw a face to describe your feelings.

Extending the reading: *"Llama Llama Mad at Mama"* by Anna Dewdney;
"Grumpy Gloria" by Anna Dewdney; *"What Are You So Grumpy About?"*
by Tom Lichtenheld



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