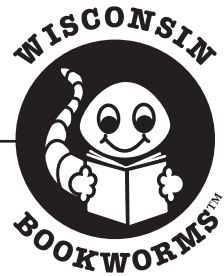


# Activity Sheet



## Bearobics: A Hip-Hop Counting Story

By Vic Parker and Emily Bolam

When ONE shaggy bear turns up the volume on his boom box ... let the Bearobics begin!

**Before you read this book:** Look for different dance music, either on CD or cassette tape, to bring into the classroom. Local libraries will have a great selection of music of all different types.

**While you read the book:** Get into the rhythm of the words. Tap your foot and invite the children to tap their feet or clap their hands while you read.

**Reading Tip:** Always practice reading a book before you read it aloud to a group. Some books have more difficult rhymes and word combinations and require practice.

**After you read the book:** Play some music and invite your kids to dance. Bring in some different music, from rock 'n' roll to country to jazz. Talk about the different rhythms and beats, and the different ways you dance.

**Try this at home:** Teach your child a new dance from when you were a child.

Be sure to dance with your kids to the music from **Sesame Street!**

Read to your child every day. Make this a warm and loving time when the two of you can cuddle close together. Bedtime is an especially great time for reading together.

*From Reading Rockets: Launching Young Readers: <http://www.pbs.org/launchingreaders/>*

### Extend the fun with these other books:

*Giraffes Can't Dance* by Giles Andreae and Guy Parker-Rees

*The Jellybeans and the Big Dance* by Laura Numeroff and Nate Evans, illustrated by Lynn Munsinger

Younger brothers or sisters will love *Barnyard Dance* by Sandra Boynton and older kids should check out the **Reading Rainbow** book, *Barn Dance* by Bill Martin, John Archambault and Ted Rand.