

WISCONSIN BOOKWORMS™

Activity Sheet



Clap Your Hands

By Lorinda Bryan Cauley

Who needs to move around? You do! Follow these animals as they clap, stomp, wiggle and do all sorts of silly things.

Before you read, do some stretching! Bend over and touch your toes. Reach for the sky. Try a runner's stretch with one foot in front of the other and your knee bent. You'll want to be limber to join in on the fun activities in the book.

While you read, try acting out the activities on each page.

Reading Tip: Try typing the text on paper and tape it to the back of the book. This makes it easier to watch the kids doing the activities while reading the text.

After you read, play Follow the Leader. Take turns being the leader—hop, skip, tiptoe, march or act like an animal while everyone follows doing the same.

Get your body moving by playing Twister—use a commercial version or create a version of your own.

Turn on some fun music and have a dance party! Try all different kinds of dancing—ballet, polka, square dancing, and hip hop.

Check out these movement books:

From Head to Toe by Eric Carle.

Dance, Tanya by Patricia L. Gauch.

Jump, Frog, Jump! by Robert Kalan

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